

Prevention Concordat and the Better Mental Health (Adults) Improvement Plan 2018/21

Health and Social Care Overview and
Scrutiny Committee
March 2019



Strategic Context

- Consolidation of national thinking and guidance
 - Five Year Forward View for Mental Health & Crisis Care Concordat
 - Prevention Concordat for Better Mental Health



Prevention Concordat for Better Mental Health (1)

- **Consensus Statement**

1. To transform the health system, we must increase the focus on prevention and the wider determinants of mental health. We recognise the need for a shift towards prevention-focussed leadership and action throughout the mental health system; and into the wider system. In turn, this will impact positively on the NHS and social care system by enabling early help through the use of upstream interventions.
2. There must be joint cross-sectoral action to deliver an increased focus on the prevention of mental health problems and the promotion of good mental health at local level. This should draw on the expertise of people with lived experience of mental health problems, and the wider community, to identify solutions and promote equality.
3. We will promote a prevention-focused approach towards improving the public's mental health, as all our organisations have a role to play.



Prevention Concordat for Better Mental Health (2)

4. We will work collaboratively across organisational boundaries and disciplines to secure place-based improvements that are tailored to local needs and assets, in turn increasing sustainability and the effective use of limited resources.
5. We will build the capacity and capability across our workforce to prevent mental health problems and promote good mental health, as outlined in the Public Mental Health Leadership and Workforce Development Framework Call to Action¹.
6. We believe local areas will benefit from adopting the Prevention Concordat for Better Mental Health.
7. We are committed to supporting local authorities, policy makers, NHS clinical commissioning groups and other commissioners, service providers, employers and the voluntary and community sector to adopt this Concordat and its approach



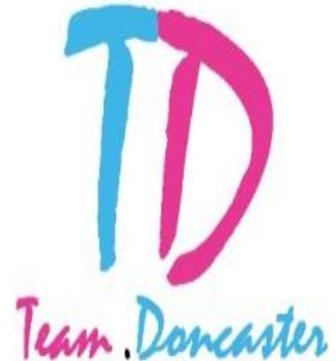
Better Mental Health (Adult) Improvement Plan

- How we got here:
 - Process mapping with stakeholders to identify gaps in pathway
 - Reviewed content of local individual plans (suicide prevention plan, mental health & dementia delivery plans, previous crisis care concordat)
 - Developed themed approach and identified draft action plan
 - Health and Wellbeing Board workshop 4th October 2018
- Recognise linkage to wider Borough Strategies
- Live document for use by professionals and stakeholders



Themes of the Plan (1)

- Living Well – community led support and low level early intervention
- Access to Appropriate Services
- Caring Well – Holistic Care and Support
- People with Complex / Bespoke Needs and their access to services
- Suicide Prevention



Themes of the Plan (2)

- Outcomes and Success
- Partnerships and Governance
- Needs and Asset Management



Living Well – community led support and low level early intervention

“People are encouraged to engage with community neighbourhood support to manage aspects of their mental health wellbeing or long term MH condition through shared experience, improved understanding, and peer support. Maximising individual responsibility and empowering people to make positive choices about their health. Lower level intervention services will dovetail as an integrated voluntary and statutory offer. Neighbourhood needs will be identified as a true collaboration across statutory / voluntary / community / faith sectors.”

Access to Appropriate Services

“Where services are required they will be readily accessible and responsively matched to people’s level of need. Services will be delivered within settings appropriate to need and based on a least restrictive environment. Where a person is in mental health crisis then “crisis” will be defined by the individual in line with Crisis Care Concordat principles, unless otherwise determined by the Mental Health Act.”

Caring Well – holistic care and support

“Pathways will be developed to consider the holistic “whole” needs of the individual in the context of their family and community, giving due regard and focus to equity of outcome regardless of any underlying mental health condition. This will include access and integration of a broader informal support network in addition to any formally commissioned health and social provision.”

People with Complex / Bespoke Needs – and their access to services

“Agencies will work together to further understand the needs and response to people that access services either through routes that are inappropriate, ineffective, excessively resource intensive or whose behaviour is risky to themselves or others, leading to outcomes that are not optimal for those involved. Similarly, agencies will work together to identify missed opportunities to engage with people who may have Mental Health needs that would otherwise be unmet. We aim to secure better user engagement with services and structured intervention to improve quality of life and better mental wellness.”

Suicide Prevention

“Doncaster has a comprehensive local Suicide Action Plan in place in line with PHE guidance, with the aim of reducing the number of people taking their own lives. In 2018/19 there will be an opportunity to further strengthen our approach to suicide prevention, via the deployment of £85k (2018/19) additional funds available from NHS England at South Yorkshire and Bassetlaw ICS level. It has been announced that further funding will be available for 2019/20. There is a national aspiration of a 10% reduction in suicides by 2020/21, this has been adopted locally.”

One Joint Plan for Doncaster

- Bring together areas of action
- Cohesive commissioning and delivery
- Better reach and outcome
- Simplify / consolidate for impact
- User friendly
- Sets direction of travel



Next Steps

- Endorsed by the Health and Wellbeing Board – January 2019
 - Better Mental Health (Adults) Improvement Plan
- Submitted to Public Health England
 - Signatory to the Prevent Concordat for Better Mental Health
- Continued Engagement & Development
 - Mentally Well Alliance
 - Dementia Strategic Partnership Board
 - Multi-agency core officers group as system leaders to drive improvement
- Develop public facing version of the improvement plan – Spring 2019

